



# *PLUS ONE* Tactical Training For Civilians

**Must Have - Straight Forward , Effective,  
Force on Force Self Defense Training**

**Saturday, March 7th, 2009**

**9:00am - 1:00pm**

## **Empty Hand Defense System**

1. How to Block, Counterstrike and Evade
2. Handgun Retention Strategies (How to maintain control of your holstered handgun)
3. Motor Disruption Theory and Tactical Training
4. Maintaining a Close Quarters Advantage
5. Breakaway Training - Escapes and counters
6. Joint Locks and Introduction to Throws and Takedowns

The course: 4 hours of intensive training. The cornerstone of all our tactical programs. At our indoor facility in downtown Columbus.

The Instructor: Nationally renowned martial arts expert and certified tactical instructor Ken Brooks.

What To Bring: Tennis shoes, Belt, holster, note pad, water bottle, loose jeans or pants

The Cost: \$59.00 - Preregistration is required.

**Mail To - D-TAC Defense Systems**

**1250 25th Ave**

**Columbus, NE 68601**

**402-564-9339**

**dtac@d-tac.net**



## **PLUS ONE TRAINING REGISTRATION**

NAME \_\_\_\_\_ \$59 FEE ENCLOSED \$ \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ AGE \_\_\_\_\_

E-MAIL \_\_\_\_\_

Defense Systems



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**D-TAC**

## Upcoming **PLUS ONE** Courses for Civilians

### **Empty Hand Defense System - March 7th 2009**

Core tactics in a simple format to enable empty hand and transition options.

(A "Must" for CCW permit holders)

**(This class is required for anyone who wishes to take advanced training - except firearms classes)**

Learn: Breakaways, pressure points, counter strikes, stunning and motor disruption techniques. Handgun retention, escape and evade training.

**Intermediate and Advanced Grappling** as a Self Defense Option- Advanced classes to learn tactics and techniques to control, subdue, restrain and/or safely escort combative individuals

**Edged Weapons Tactics**, Discreet Carry, Defense and Application

**Less than Lethal - Classes focus on one intermediate tool.**

OC (pepper spray)

Baton (blunt instrument Defense and Application)

Electronic Disruption (Stun Gun and Taser)

**Intermediate Tactical Pistol - April 2009 (Get on the waiting list)**

(Must be a graduate of D-TAC Concealed Carry class or qualified military or LE)

**Expert Tactical Pistol - June 2009**

**Tactical Shotgun** for Home Defense

# Registration Form on the Back